

Raising Freakishly

Well Behaved Kids

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Principle #3

Catch Me Behaving

I want you to observe the child you are struggling with or who is demonstrating through poor behavior choices they are struggling. Make it your business to notice behaviors that you would describe as thoughtful, kind, empathetic, funny, creative; anything you consider positive. Observe a minimum of 5 and write them down.

1. _____
2. _____
3. _____
4. _____
5. _____

Tell me!

In part two of this challenge you will be acknowledging the child you observed. Some tips on sharing your observations with your child include keeping it simple, share one thing at a time, don't worry about their response, get down on their level, and smile!

